



Happiitude 10x Spiritual Growth Camp

READY TO SCALE UP YOUR LIFE?

Istanbul, Turkey | 4th - 7th May 2023

Happiitude™
happy by choice



VILLAGE PARK RESORT & SPA, ISTANBUL - TURKEY

4TH - 7TH MAY 2023



ABOUT THE RETREAT

Learn the powerful tools and ancient practises from India to scale up your inner world because without scaling up inside, it is very painful to scale up on the outside. **So if you are an entrepreneur, business leader, Content Creator, a Coach or someone who want to experience exponential growth** in Life then it's time for you to join us in Turkey!

Welcome to Happiitude 10x Spiritual Growth Camp, a 4 days powerful and silence-packed on-site event!

This is when you breach your own boundaries and limitations to become a bigger, better version of yourself!

WHAT TO EXPECT

- ✓ Meet, connect and grow with your soul family from all over the world
- ✓ Magical Morning Yoga, Midnight Meditations, Dance & Music
- ✓ Powerful Activities, Silence Hours, Heart to Heart Talks
- ✓ Divine Gossip Sessions, a colorful way to connect with Divine
- ✓ A beautiful journey of Raga (colors and desires) and Vairaghya (detachment)
- ✓ Move from talking spirituality to making it a lifestyle through waking up practises, sleeping rituals and receiving food as an offering



10 YEARS OF PROFOUND EXPERIENCES IN JUST 4 DAYS



BREAKTHROUGH TALKS



SPIRITUAL PARTY



MORNING RITUALS



ELEMENTAL CLEANSING

10 YEARS OF PROFOUND EXPERIENCES IN JUST 4 DAYS



**AUTHENTIC
CONNECTIONS**



DIVINE GOSSIP



SILENCE HOURS



POWERFUL ACTIVITIES

10 YEARS OF PROFOUND EXPERIENCES IN JUST 4 DAYS



DAILY YOGA



MIDNIGHT MEDITATION



LIVE PERFORMANCES



PAINT YOUR LIFE

MEET YOUR COACH

KARAN BEHL

Karan is world-renowned coach and Founder of Happiitude, World's leading company in the space of Happiness & Well-being. As a specialist in merging together science and spirituality, he is famed among top global happiness and thought leader communities.

Popularly known as the 'Undercover Yogi', he has been sharing his vast knowledge of ancient Indian Yogic and Buddhist practices and techniques which have transformed thousands of people from all walks of life including CEOs, Entrepreneurs, Trainers, Coaches, etc. Karan has been featured by BBC World, Zee Business, The Weeks Magazine, Indian Express, Mid Day, Times of India and many other leading media platforms across the Globe.



RETREAT BENEFITS



Inner Alignment & Peace



Mind & Body Balance



Compassionate Heart



Emotional Mastery



Powerful Breakthroughs
& Transformation



Experience Ancient
Wellbeing Practices



Connect & Grow
with a Supportive Tribe



Heal & Blossom to
your true potential

RETREAT PACKAGE

Inclusions

- 3 night stay in a beautiful boutique property (twin sharing)*
- Breakfast, lunch and dinner included
- Tea and snacks during session time
- Session materials and booklets
- Access to all event activities and program
- Transportation during the retreat
- Daily Yoga and Meditation classes
- Wifi connection

**You can also choose single room accommodation that is available at an additional cost. Please get in touch with us for more information.*

Non – Inclusions

- Travel Insurance
- Flight Costs
- Airport Transfers
- Visa Fee if applicable
- Additional activities not included in the itinerary
- Additional treatments
- Anything not mentioned in the inclusions

GLIMPSE OF RETREAT VENUE



ITINERARY

DAY 1 : MAY 4

- Reach Istanbul.
- Take a Taxi/Bus to Village Park Resort & Spa. It is a 40 minute drive from Istanbul Airport.
- Reach by 3 PM TRT
- Retreat Session begins at 6 PM with Introduction to the theme of '**Raga**'
- Followed by dinner
- Celebrate life with some foot-tapping Music & Dance!

DAY 2 : MAY 5

Theme of the day - '**Vairaghya**'. It is a powerful methodology to create an easy switch from Attachment to Detachment without any extra effort.
We will experience Nishabda (Silence as an outcome of being Dumbstruck with Life) on this day. For most of the participants, this is a life-changing day.

- The day begins with Morning Yoga
- Breakfast with eastern ritual of eating
- 5 Elements Cleansing (outdoor activity)
- Lunch break
- Powerful Rasa Sadhna Meditation
- Tea Break followed by Divine Gossip session
- Dinner
- Fire element activities and Midnight meditations

ITINERARY

DAY 3 : MAY 6

This day is about strengthening your practices and getting access to advanced well-being tools and activities through :

- Morning Yoga followed by Paint your life on canvas activity
- Initiate in to Tathastu meditation
- Show your Talent, Live performances and Celebration
- Heart to Heart Sharing
- Divine and Spiritual discussions
- Story Telling
- Powerful Midnight meditation
- Breakfast, Lunch, Tea break & Dinner will be provided as scheduled.

DAY 4 : MAY 7

- Morning Yoga and Meditation
- Breakfast
- Closing Session with laughter, hugs and beautiful tears
- Followed by Checkout
- Departure to Airport/Istanbul City

Note

- *Participants can choose to extend their stay by a day in the resort at an additional cost.*
- *International participants can stay a night in Istanbul city and visit tourist spots.*

EGE DEVRİM SÜRMELİ



I witnessed the incredible first and last day transformation of me myself and my soul siblings who were waiting to be opened in their heart with huge love balloons stuck in. And that unforgettable moments of laughing, dancing, eyes to eyes sessions when even the physical body couldn't resist trembling and ripped apart. That state of acquaintance that I felt through every inch of my body, even though we had never met before. Our souls engagement was so clear, and this was neither the first nor will it be the last.

T E S T I M O N I A L

EZGI ERİNÇ



Met some of my soul family these past days. My screen time was 8 minutes yet I was more connected than I ever was!
"Those who can Laugh, Cry, Sing and Dance without hesitation or shame are the one who purify this universe."
So blessed and thankful that we did it all, together!

FURKAN YAGIZ



“He was stupid to everyone and wise to himself; once he became stupid to himself, he lost sense and became wise to anyone.”

Rasa Sadhana – It was one of the most extended and impactful retreats of my all life. I had precious moments with these strangers, later appeared to be as close as a family.

I thank all of you for being a colorful piece of my journey.

TESTIMONIAL

MINE DEDEKOCA



We took a roller coaster ride to our inner journey at this retreat. From the peak of joy to the pit of fear... Holding hands and hugging souls.

It was an experience beyond words... An experience that was co-created by lives connecting with lives. Thank you for holding this space for us all @Karan Behl and giving me the opportunity to be part of the co-creation.



FOR BOOKINGS, CONTACT US

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